

Additional file

Protocol outline: enteral nutrition in the ICU

| Criterion | Action |
|---|---|
| Feeding schedule | Start 20 ml / hour Increase 20 ml per day (day 1 to 5) Optimal 100 ml per day |
| EN* in first 12 hour | GR [†] every 3 hours |
| GR < 200 ml | GR every 6 hours |
| GR < 200 ml | Return GR to the patient |
| GR > 200 ml | Discard GR, consult intensivist to start prokinetics |
| Prokinetics > 12 hours | GR > 200 reduce EN rate |
| Prokinetics and reduced EN rate and GR > 200 ml / 6 hours | Place duodenal tube |
| EN visible in month | Stop EN |
| Patient is vomiting | Stop EN |
| Symptoms of aspiration | Stop EN |

* EN: Enteral Nutrition; [†] GR: Gastric Retention